



Don't forget to eat your vegetables

Red Oak Community School Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

May 2018

MONDAY

1

TUESDAY

2

WEDNESDAY

- Classic Cafe** Roast Turkey & Gravy, Cinnamon Sweet-Apples, Mashed Potatoes, Cornbread
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Grab and Go** Double Decker PB & J Sandwich

- Classic Cafe** Hot Ham & Cheese Flatbread, Calico Bean Bake
- Diner Station** Maxx Sticks
- Grab and Go** Crispy Chicken Wrap

THURSDAY

3

FRIDAY

EXTRA INFO

- Classic Cafe** French Bread Pizza, Roasted Cauliflower, Homemade Brownie
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Taco Pizza
- Grab and Go** Ham Deli Sub Sandwich

- Classic Cafe** Chicken Parmesan Sandwich, Green Beans
- Diner Station** Roasted Hot Dog on a Bun
- Grab and Go** Honey Mustard Ham Wrap

Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll.
For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





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7 MONDAY

- Classic Cafe** Build Your Own Burger, with Toppings, Golden French Fries
- Diner Station** Spicy Chicken Patty on Bun
- Grab and Go** Chicken Caesar Wrap

8 TUESDAY

- Classic Cafe** Turkey Nachos Supreme, Firenze Corn Salad, Refried Beans
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Calzone
- Grab and Go** Ham Deli Sub Sandwich

9 WEDNESDAY

- Classic Cafe** New Orleans Fish Hoagie, Cajun Chips
- Diner Station** Cheeseburger on Bun
- Grab and Go** Turkey BLT Wrap

10 THURSDAY

- Classic Cafe** Philly Flatbread, Warm Potato Salad with Mustard
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
- Grab and Go** Ham & Cheese Pinwheel

11 FRIDAY

- Classic Cafe** Buffalo Chicken Fajita Wrap, Cucumber Ranch Salad
- Diner Station** Corn Dog
- Grab and Go** Turkey Ranch Wrap

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14

MONDAY

Classic Cafe French Toast Sticks, Sausage Patty, Breakfast Potatoes

Diner Station Popcorn Chicken, Whole Grain Dinner Roll

Grab and Go Turkey BLT Wrap

17

THURSDAY

Classic Cafe Southern Chicken Biscuit, Baked Beans

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Ham and Cheese Calzone

Grab and Go Turkey Deli Sandwich

15

TUESDAY

Classic Cafe Popcorn Chicken Bites, Mashed Potatoes, Gravy, Whole Grain Dinner Roll

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Grab and Go Egg & Chicken Salad Slider Combo

18

FRIDAY

Classic Cafe Chicken Philly Sandwich, Broccoli Salad

Diner Station Mini Corn Dogs

Grab and Go Chicken Caesar Wrap

16

WEDNESDAY

Classic Cafe Soft Beef Tacos, Lettuce, Tomato, Cheese, Mexican Brown Rice

Diner Station Hamburger on a Bun

Grab and Go Crispy Chicken Wrap

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21

MONDAY

- Classic Cafe** Beef & Broccoli Stir Fry, Brown Rice, Green Peas, Bread Stick
- Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll
- Grab and Go** Double Decker PB & J Sandwich

24

THURSDAY

- Classic Cafe** Chicken Bacon Ranch Melt on Ciabatta, Chicken Noodle Soup
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Cheese Calzone
- Grab and Go** Ham Deli Sub Sandwich

22

TUESDAY

- Classic Cafe** Lemon Herb Chicken Leg, Baked Potato Halves, French Bread
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Jalapeno Chicken Calzone
- Grab and Go** Crispy Chicken Wrap

25

FRIDAY

- Classic Cafe** Italian Meatball Sub, Roasted Broccoli
- Diner Station** Chicken Patty on Whole Grain Bun
- Grab and Go** Honey Mustard Ham Wrap

23

WEDNESDAY

- Classic Cafe** Carnita Nachos, Mexican Corn, Refried Beans
- Diner Station** BBQ Rib Sandwich
- Grab and Go** Turkey BLT Wrap

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28

MONDAY

Classic Cafe No School- Memorial Day

31

THURSDAY

Classic Cafe Hot Ham & Cheese Panini,
Scalloped Potatoes

Pizza Parlor Cheese Pizza, Pepperoni Pizza,
Cheeseburger Pizza

Grab and Go Double Decker PB & J
Sandwich

29

TUESDAY

Classic Cafe Inside Out Pot Pie, Garden
Salad

Pizza Parlor Cheese Pizza, Pepperoni
Pizza, Sausage Pizza

Grab and Go Ham Deli Sub Sandwich

1

FRIDAY

Classic Cafe Pasta with Meat Sauce, Garlic
Breadstick, Green Beans

Diner Station Chicken Crispito, Homemade Nacho
Cheese Sauce

Grab and Go Crispy Chicken Wrap

30

WEDNESDAY

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Mindy Riibe at 712-621-0042

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